



September 2026

Central A&M Middle School

MENU

Monthly Limited Time Offer

Pesto Chicken Flatbread

September 15th & 17th

Powering potential.™

Offered Daily @ Breakfast

- Fresh Fruit
- 1% White Milk or Chocolate Milk
- 100% Fruit Juice
- Assorted Cereals
- Pop-Tarts
- Donuts
- Benefit Bars
- Breakfast Bread
- Mini Strawberry Bagels
- Muffins

Offered Daily @ Lunch

- Pizza
- Cheeseburger
- Chicken Sandwich
- Spicy Chicken Sandwich
- Sun Butter & Jelly Sandwich
- Salad
- Tots or Fries
- MTO Mexican Bar

MON	TUES	WED	THURS	FRI
	1 Breakfast Burrito A. BBQ Pork Sandwich B. Bean & Cheese Burrito C. Pepperoni Pizza	2 Bagel w/ Grape Jelly A. Popcorn Chicken Bowl B. BBQ Chicken & Cheddar Flatbread C. Cheese Pizza	3 Lumberjack A. Glazed Donut w/ Egg Patty B. Chicken Nuggets C. Meat Lover's Pizza	4 Ham & Cheese Bagel A. Italian Popcorn Chicken Bowl w/ Red Sauce B. Grilled Cheese C. Variety Pizza
7 HAPPY LABOR DAY	8 Egg & Cheese Croissant A. Bosco Sticks B. Cheese Quesadilla C. Pepperoni Pizza	9 Sausage Breakfast Sandwich A. Korean Hot Honey Popcorn Chicken B. Mc Ribb C. Cheese Pizza	10 Three Cheese & Egg Breakfast Flatbread Eggoji Day A. Eggoji Waffles w/ Cheese Omelet B. Hot Dog C. Taco Pizza	11 Homemade Blueberry Muffin Square A. Buffalo Popcorn Chicken Mac & Cheese B. Grilled Cheese C. Variety Pizza
14 Waffles A. Hamburger Patty Horseshoe B. Grilled Cheese C. Cheese Pizza	15 Bosco Stick A. Pesto Chicken Flatbread B. Maple Pizza Waffalaco C. Pepperoni Pizza	16 Powdered Sugar Donut Holes 	17 Egg Bagel A. Pesto Chicken Flatbread B. Corn Dog C. Buffalo Chicken Pizza	18 Glazed Cinnamon Roll A. Meatball Sub B. Grilled Cheese C. Variety Pizza
21 French Toast Sticks A. Fish Bites w/ Cheez-Its B. Chicken Nuggets C. Cheese Pizza	22 Egg & Cheese Croissant A. Bosco Sticks B. Bean & Cheese Burrito C. Pepperoni Pizza	23 Country Chicken Biscuit A. Spaghetti w/ Beef Sauce B. BBQ Chicken Sandwich C. Cheese Pizza	24 Sausage & Cheese English Muffin A. Biscuit w/ Sausage Gravy B. Chicken Ranch Flatbread C. BBQ Chicken Pizza	25 Homemade Banana Chocolate Chip Muffin Square A. Buffalo Ranch Chicken Bowl B. Grilled Cheese C. Variety Pizza
28 Biscuits & Gravy A. Breaded Chicken Sandwich w/ Raiders Sauce B. Hot Dog C. Cheese Pizza	29 Breakfast Pizza A. Turkey Barbacoa Soft Tacos B. Three Cheese Mac & Cheese C. Pepperoni Pizza	30 Double Chocolate Donut Holes A. Orange Glazed Popcorn Chicken w/ Rice B. Mini Corn Dogs C. Cheese Pizza	 Eggoji Day September 10th	

Menus are subject to change.



All Lunches Must Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

aramark
STUDENT
NUTRITION

This institution is an equal opportunity provider.